

## Activity 2— We're all the same on the inside

This activity can be done on its own or as an extension of Activity 1: Differences are Good. The activity is intended for peers of children with an autism spectrum disorder (ASD)

### **Materials needed:**

- One brown and one white egg
- Two small bowls

### **Preparation:**

Discuss with peers the ways in which people are alike (for example, everyone has a nose, eyes, two arms, and so forth). Discuss how people are different (for example, some people have green eyes; some wear glasses; and so forth).

### **Procedure:**

1. Show students a brown egg and a white egg.
2. Discuss the eggs' similarities and differences.
3. Turn away from the class and break each egg in a bowl. Hide the shells.
4. Ask the students if they can tell which bowl contains the egg from the brown shell and which egg contains the egg from the white shell.
5. Conclude the activity with a discussion about how people may look or act differently on the outside but are all similar on the inside.

As an extension to this activity, students could create a "chain of diversity."

1. Using colored construction paper, ask students to cut two strips of paper.
2. On the first strip of paper, instruct students to write down one attribute that makes them similar to other classmates. On the second strip of paper, ask them to write down one attribute that makes them different.
3. Help the students create a paper chain that links together these similarities and differences.

*Note: The chain can be hung in the classroom as a visual representation of how students' similarities and differences "link" them together.*

